

PEPELUALI

(February)

Insects, Arachnids, Worms and Mollusks

infant

'OPIHI BEDTIME

'Opihi are mollusks that attach securely to rocks along Hawai'i's shoreline. Infants are often nicknamed "'Opihi" when they hold tight to their caregiver. Enjoy this puke at bedtime with your little 'opihi nestled safely in your lap.

KEIKI DEVELOPMENT:

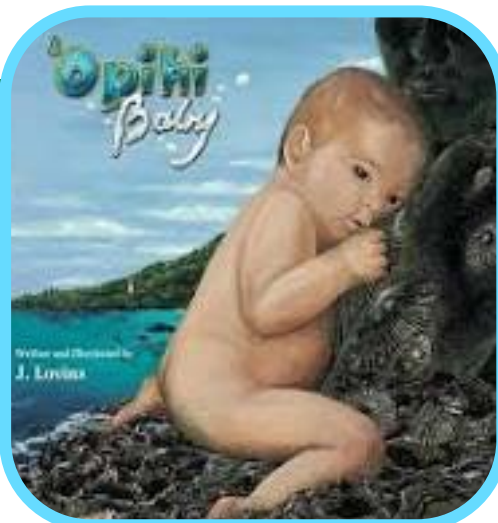
- Secure attachment
- Visual tracking

'ŌLELO HAWAI'I:

- Hiamoe- Sleep
- Puke- Book

MATERIALS:

- Book: "'Opihi Baby" by J. Lovins
- Cozy blanket and quiet space



[Digital storytime here](#)



PARTNERS IN DEVELOPMENT
FOUNDATION

INSTRUCTIONS:

1. Use "'Opihi Baby" as a bedtime story with your infant.
2. Before reading, create a soothing environment, e.g., dim lighting, soft lullabies, low-speed fan.
3. Nestle your infant in your lap with a cozy blanket. Blankets provide gentle weight that settles the nervous system.
4. As you read, point to the small details like our digital storyteller (scan the QR code to view.) As you point, notice your infant tracking along with their eyes.
5. E hiamoe pono 'oe e 'opihi li'ili'i. (Sleep well little 'opihi.)

At-home 'ohana activities use common household, recycled, or natural materials that set the stage for keiki-led exploration, developmental mastery, and social-emotional bonding.

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toddler

PŪPŪ IN HAWAI'I

Hawai'i is home to 10 families of land pūpū, each with unique shells. Teach your toddler waiho'olu'u while designing pūpū shells together.

KEIKI DEVELOPMENT:

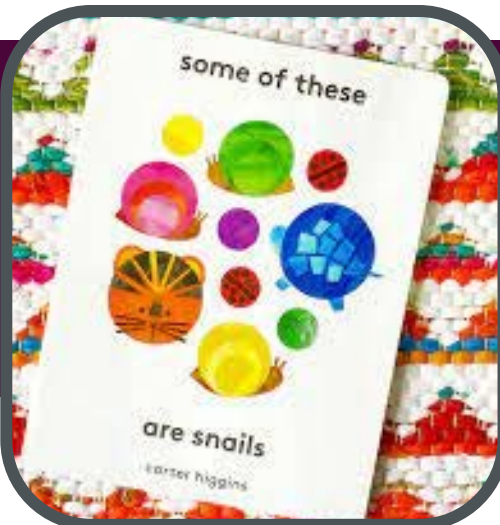
- Cognitive development
- Fine motor skills

'ŌLELO HAWAI'I:

- Pūpū- Snail
- Waiho'olu'u- Colors/ Colors

MATERIALS:

- Book: "Some of These Are Snails" by Carter Higgins
- Paper plates
- Crayons



[Digital storytime here!](https://dlnr.hawaii.gov/ecosystems/sepp/meet-the-snails/#TheFamilies)



PARTNERS IN DEVELOPMENT
FOUNDATION

INSTRUCTIONS:

1. Read the book, "Some of These Are Snails" together.
2. Pause while reading and encourage your toddler to repeat the waiho'olu'u names. This will help develop their memory skills!
3. Use paper plates to create pūpū shells. Ask your toddler to decorate them by scribbling with crayons.
4. As your toddler chooses their crayons, see if they can find a waiho'olu'u from the book that matches the crayon color.
5. Show your toddler photos of real pūpū shells here:

<https://dlnr.hawaii.gov/ecosystems/sepp/meet-the-snails/#TheFamilies>

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preschooler

MY 'ELALA JOURNAL

'Elala have a role to help our 'āina thrive. Make a 'elala journal with your preschooler then head outside to helu what 'elala you can find.

KEIKI DEVELOPMENT:

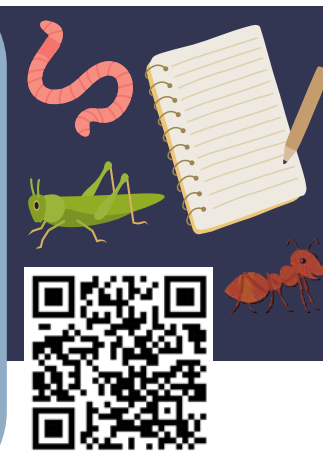
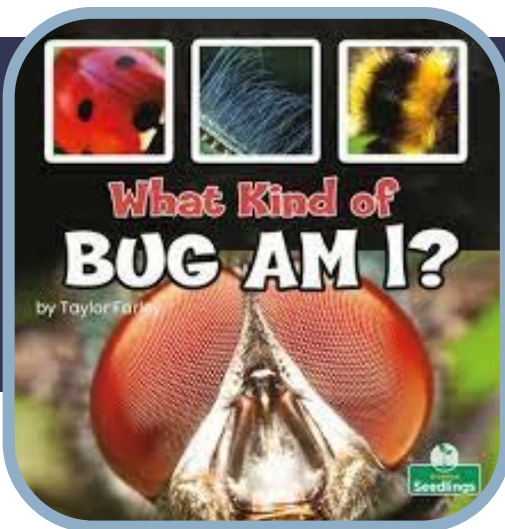
- Science and living things
- Counting and comparing numbers

'ŌLELO HAWAI'I:

- 'Elala- Insect
- Helu- Count

MATERIALS:

- Book: "What Kind of Bug Am I?" by Taylor Farley
- Blank notebook or stapled paper
- Writing tools, e.g. markers, pencils



Digital storytime here!



PARTNERS IN DEVELOPMENT
FOUNDATION

INSTRUCTIONS:

1. Read the book "What Kind of Bug Am I?" together.
2. Helu the 'elala in the book that you have noticed in your yard or local park.
3. Have your preschooler draw those 'elala on each journal page.
4. Head outside and each time you find an 'elala, have your preschooler place a tally mark next to their matching drawing.
5. Use the tallies to count and compare which 'elala are most common in your area.
6. Extended learning: Look up the 'ōlelo Hawai'i names of the 'elala you found and add it to your preschooler's journal.

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