

Tūtū and Me At-Home Learning

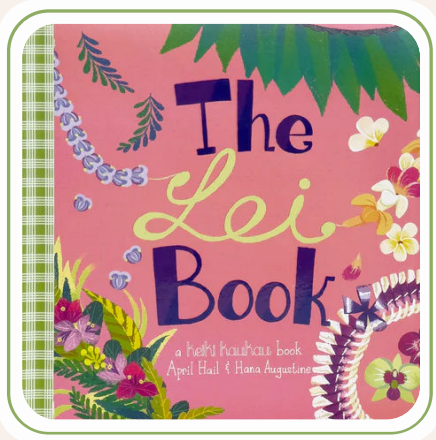
Read, Listen, Play!



Plants and our Environment



Read



Listen



Scan this QR code or [click here](#) to hear this story read by Tūtū and Me kumu.



Mīkana – Papaya

Let's Play!

Infant

Invite your infant to hold a mīkana. Point out the color and the oval shape. Show them a picture of a mīkana tree. Teaching colors using natural objects in your infant's environment makes learning engaging. Enjoy eating mīkana together!

Toddler

After eating mīkana with your toddler, dry out the seeds. Invite your toddler to plant the seeds using safe tools. Teach them the names of the tools and model how to use them. This is a hands-on way to introduce new words and encourage expanded vocabulary.

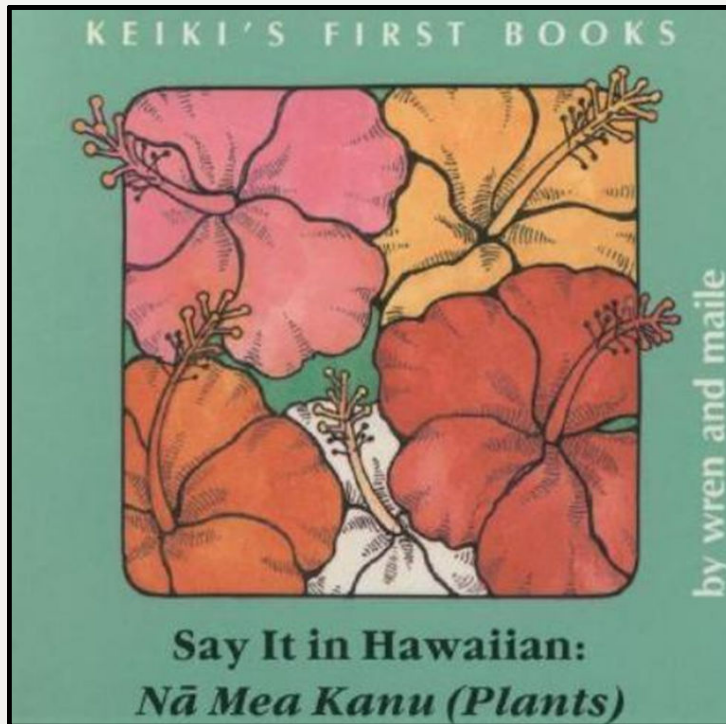
Preschooler

Invite your preschooler to help you grind up mīkana seeds for a salad dressing. Enjoy the dressing over fresh veggies. Preschoolers are more likely to try a new food if they make it themselves.

<https://www.oahufresh.com/recipe/papaya-seed-dressing/>

MORE DIGITAL STORIES

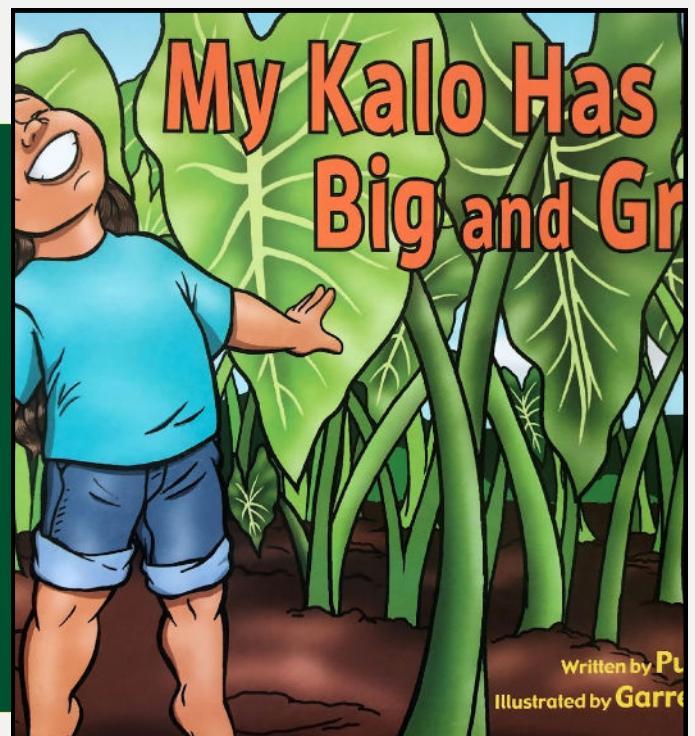
Stories promote language and literacy, strengthens listening skills and encourages beginning writing.



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