



Ke Ao Lono

The monthly newsletter of Ka Pa'alana
A Program of Partners in Development Foundation

WE CAN SEE THE FUTURE

By: Kathy Fong

The future is always an uncertain thing. We don't have magic crystal balls that can show us what will happen tomorrow, next week, a year from now. Just look at us today. None of us could have guessed that we would not be able to have in-person preschool for over a year! We cannot precisely know what the future holds, but we can do things to make the future brighter for ourselves and our keiki.

Our new theme for the next three months is Piko 'Ā. We'll be using what we've learned about the past and present to think about our future. Would we want it to be different? How so? What wisdom and knowledge have we gained from our kūpuna, and how will we pass it on to our keiki?

Imagine your keiki's future.... What do you see? When we see you and your keiki taking the time to join us at Ka Pa'alana, we see hope, love, and light for the future.



KA PA'ALANA 'OHANA

By: Kelsey La Cuesta

As we explored the last month of our Nā Pilina Piko 'Ō theme, our keiki have learned how we are connected to the people, places, and things in the present. We did a lot of exploration with them as we took virtual field trips to local places in our kaiāulu, such as the post office and park. We also learned about our community helpers' roles like firefighters, mail carriers, and lifeguards and how their kuleana helps keep us safe and healthy. Besides our community members, we also

talked about our 'ohana and the members in our 'ohana.

Here at Ka Pa'alana we are all family, and we enjoy having a relationship with each keiki and family that joins our program. Watching our keiki grow and achieve milestones is an experience that we as staff will cherish forever. We want to mahalo our caregivers for working so hard with our keiki and encouraging them to be their best selves.

Until next time, ā hui hou!

-HOPE Staff



By: Pua Aquino
Aloha mai kākou!

Kuleana is a word that might sometimes be thrown around loosely when we say, "Whose *kuleana* is it?" or "That's not my *kuleana*." *Kuleana* means something different for each person and can be looked at as an achievement rather than a burden. In the context of cooking with an imu, *kuleana* were often only given to specific people, which

made these tasks even more desirable to others who did not yet have a role in the process.

We might assume our keiki cannot have *kuleana* because they are young, but Hawaiians looked at it differently. Instead of assuming our keiki's abilities are determined by their ages, they estimated a child's age based on the things a keiki was able to do. This 'ōlelo no'eau is the perfect example of it: "Ke



nui e pa'a ai ka hue wai." *The size that enables one to carry a water bottle.*

When a child was about two, he was given a small gourd bottle for carrying water.

What if we trusted our keiki with more responsibilities? They might surprise us with what they can do, if we just give them the chance and the support to do so!

Music Education

By: Ronnee Stewart

In "The Benefits of Music," an article written by Laura Lewis Brown, she reveals, "Research has found that learning music facilitates learning other subjects and enhances skills that children inevitably use in other areas." Further noting, making music isn't just about music. When a child is exposed to, and plays music, their skill sets expand even more. They tap into various parts of their brain when stimulated by music. Music allows young children to process words and language, eventually leading to the strengthening of their social and verbal competence. To learn more about the benefits of music in early childhood development, visit this website: <https://www.pbs.org/parents/thrive/the-benefits-of-music-education>.



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