

'OKAKOPA

(October)

Aloha 'Āina

infant

PILINA WITH THE 'ĀINA

Introducing your infant to the beauty of the 'āina instills pilina to Hawai'i. Model how the sky, trees, and breeze calm your mind and body to your infant.

KEIKI DEVELOPMENT:

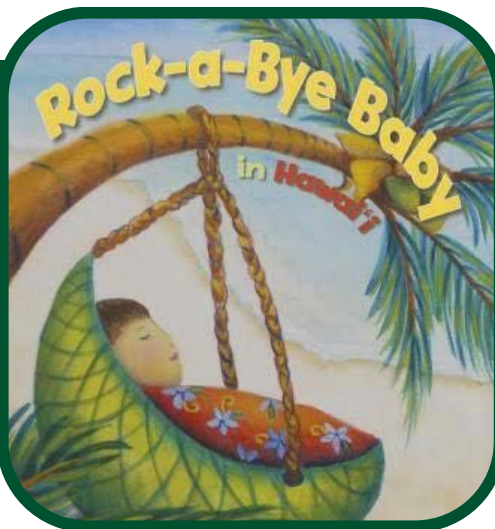
- Sensory and motor growth
- Exploration of the environment

'ŌLELO HAWAI'I:

- Pilina- Relationship
- 'Āina- Land

MATERIALS:

- Book: "Rock-a-Bye Baby in Hawai'i" by Jane Gillespie



[Digital storytime here!](#)



PARTNERS IN DEVELOPMENT
FOUNDATION

INSTRUCTIONS:

1. Read the book, "Rock-a-Bye Baby in Hawai'i," with your infant.
2. When your infant is fussy, go outside to calm them.
3. Hold your infant facing out, with their back against your chest. Take 2-3 deep breaths so your infant can feel them. This has a calming effect.
4. With a slow and gentle tone, point out swaying trees, puffy clouds, and the cool breeze through your hair.
5. Mahalo the 'āina for its calming ability while you sing the lullaby, Rock-a-Bye Baby.

At-home 'ohana activities use common household, recycled, or natural materials that set the stage for keiki-led exploration, developmental mastery, and social-emotional bonding.

'OKAKOPA

(October)

Aloha 'Āina

toddler

HO'OHANA HOU AT HOME

Empower your toddler to help mālama i ka hōnua and ho'ohana hou. This helps develop pilina (relationship) to the natural world and take action towards the health of our hōnua.

KEIKI DEVELOPMENT:

- Social emotional connection
- Exploring art materials

'ŌLELO HAWAI'I:

- Ho'ohana hou - Recycle
- Mālama i ka hōnua (care for the earth)

MATERIALS:

- Book: "Recycle - Ho'ohana hou" by Resi J. Suehiro
- Boxes and art supplies

Recycle Ho'ohana Hou



Resi J. Suehiro
Art/Ki'i Mariko Merritt



Digital storytime here!



INSTRUCTIONS:

1. Read the book, "Recycle - Ho'ohana Hou" together.
2. Create fun recycling bins from household materials with your toddler.
3. Gather a few large boxes and art supplies, e.g. paint, markers, glue, tape, scraps of colorful paper.
4. Encourage your toddler to be creative and decorate the boxes.
5. Label the boxes to collect various recyclable items, e.g., paper, cans, clothing and toy donations.
6. Practice ho'ohana hou with your 'ohana throughout the year.

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‘OKAKOPA

(October)

Aloha ‘Āina

preschooler

THE POWER OF THE MAKANI

Although we can't see the makani, we can observe the effect of a makani 'olu'olu and makani ikaika. Explore this science activity and experiment with the power of the makani.

KEIKI DEVELOPMENT:

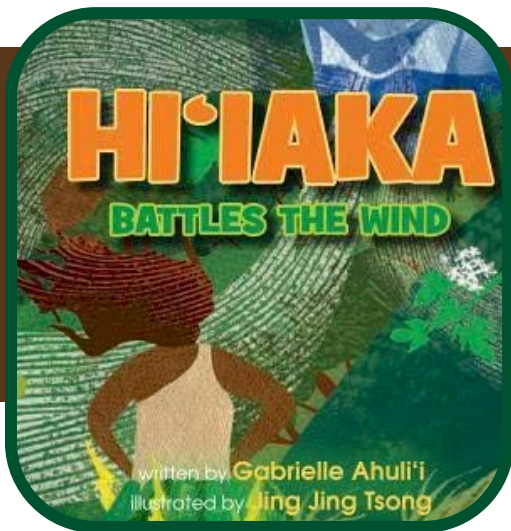
- Prediction and observation skills
- Comparing

‘ŌLELO HAWAI‘I:

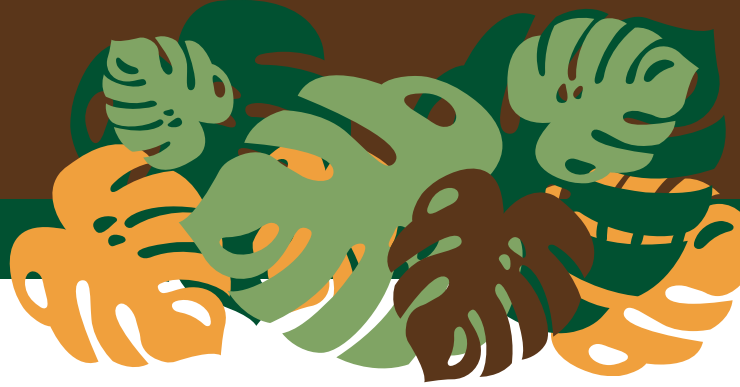
- Makani 'Olu'olu- Fair wind
- Makani Ikaika- Strong wind

MATERIALS:

- Book: "Hi'iaka Battles the Wind" by Gabrielle Ahuli'i
- Thick paper, small objects, tape



[Digital storytime here!](#)



PARTNERS IN DEVELOPMENT
FOUNDATION

INSTRUCTIONS:

1. Read "Hi'iaka Battles the Wind" with your preschooler.
2. Cut four strips of thick paper, measuring about 3Wx 11L.
3. Secure the end of each strip to the table's edge. The strips should hang down off the table.
4. Tape a small item of various weights to each strip, e.g., cotton swab, paper clip, crayon, etc.
5. Point a small fan towards the strips and experiment with the various settings. If you don't have a fan, blow makani with your mouth.
6. Predict and observe what will happen when you blow makani 'olu'olu or makani ikaika.

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